

Refresh

All-day Breakfast

The all-day big breakfast £7.95

Bacon, Lorne sausage, black pudding, flat mushroom, beans, grilled tomato and potato scone served with toasted sourdough and your choice of egg

The all-day plant-based breakfast ✓ £7.25

Vegan Lorne and sausage, smokie rashers, flat mushroom, beans, grilled tomato, spinach and potato scone served with toasted sourdough V

Big bowl salads

Teriyaki salmon £7.25

Roasted teriyaki salmon, pak choi, Chinese leaf, ribbons of veg, lime, ginger and soy dressing

The Buddha 🌱 ✓ £6.95

Roasted broccoli, marinated carrot, beetroot, quinoa, edamame beans, tofu and toasted pumpkin seeds V

Classic chicken Caesar £7.25

Romaine lettuce, Caesar dressing, parmesan shavings, anchovies, blushed tomatoes and chard chicken

Burgers

Flip Over Me ↗

Our burgers are all served with skinny fries, house slaw, BBQ sauce and a toasted brioche bun

The Rodeo Star £8.95

6oz Aberdeen Angus burger with smokey BBQ pulled beef, ranch dressing, crispy onions and beef gravy on the side for dipping

Viva las Vegan ✓ £8.25

Planet kuku burger, smashed avocado, beetroot, crispy onions and chipotle mayo V

Cheese Louise! £8.65

6oz Aberdeen Angus burger, crispy bacon, mac 'n' cheese and tangy tomato relish

The Italian job 🍷 £8.65

Panko and parmesan crusted chicken, rocket, buffalo mozzarella and pesto mayo

The flat breads

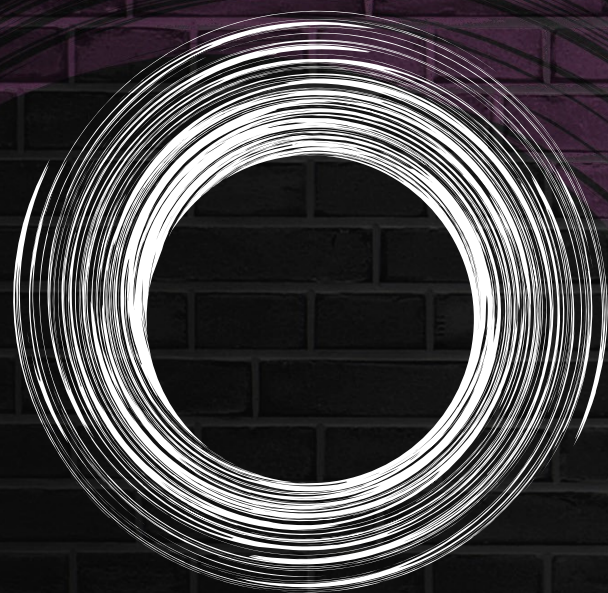
Gyros £7.45

Marinated low and slow cooked pork topped with Greek yoghurt, oregano, tomatoes and a handful of skinny fries

The Jerk £7.45

Roasted jerk chicken, sweet potato, corn, coconut rice 'n' peas and pineapple salsa

refresh



Comfort food

Big mac 'n' cheese £7.95

with crispy crumbs, skinny fries and garlic butter
sourdough

Fish 'n' chips £8.95

Freshly battered haddock, fat fries, peas
and our tartare sauce

Steak and ale pie £8.75

Twice roasted potatoes, peas and extra beef gravy

Sides and sharing plates

Filthy fries  £3.45 or £5.95

Fries topped with cheese, spring onion, crispy bacon
and chip shop spice
(happy to serve it plant-based)

Sticky pork ribs £3.95 or £6.75

Jumbo salt and pepper chicken wings
..... £4.25 or £6.95

Mucho nacho £3.75 or £5.95

Nachos topped with everything we've got!

Skinny fries  £2.45 or £4.65

Garlic butter sourdough . £2.45 or £4.65

*Sunday's special all day
roast dinner* £8.95

Two roasted meats of the day and
a plant-based special

Cauliflower cheese

Twice cooked roast potatoes

Chunky roasted carrots

Greens

Yorkshire puddings, gravy and sauces

Our food is prepared in a kitchen where nuts, gluten and
other allergens are present. As our menu descriptions do
not include all of the ingredients we use, please let your
server know if you have a food allergy or intolerance
before placing your order. Full allergen information is
available on request.